

HEARTSafe Community Application

Southern Tier HEARTSafe Communities

Southern Tier HEARTSafe Communities is a partnership between the Broome County Health Department, UHS, Lourdes, Susquehanna Regional EMS Council, Inc., Broome County Office of Emergency Services, Union Volunteer Emergency Squad, Inc., and the American Heart Association.

The goals of HEARTSafe Communities are to improve survivability from out-of-hospital sudden cardiac arrest, enhance the recognition of cardiovascular emergencies, and improve overall cardiovascular health within the community.

Earning HEARTSafe accreditation demonstrates a commitment to the HEARTSafe Communities goals. Accreditation is valid for a two-year period.

Eligibility Criteria

To be eligible for HEARTSafe accreditation as a community, the entity must be located within Broome, Tioga, or Chenango County and one of the following:

- County or City
- Town
- Village



Accreditation Requirements

- A legislative resolution from the municipality stating its commitment to achieving and maintaining HEARTSafe Communities accreditation. (Attach a copy of the approved resolution to the application.)

- A minimum of two health promotion or disease prevention educational events or initiatives. (Attach a typed description of the event or initiative and the number of participants.)

- An annual meeting between the Chief Elected Official, or designee, and the community's primary ambulance service.

- The minimum number of Heartbeats as indicated below. The method for calculating Heartbeats is within the application.

Community Population	Minimum Total of Heartbeats Needed
Up to 5,000	90
5,001 – 15,000	150
15,001 – 30,000	210
30,001 – 50,000	240
50,001 – 100,000	285
More than 100,000	330



Applicant Information

Name of Municipality

Mailing Address

Municipality Population

Name of Municipality's Chief Elected Official

Business Phone

Email

Name of Contact Person for HEARTSafe

Title

Business Phone

Email

Designated First Responder (Fire Department or Law Enforcement)

Contact Person

Title

Phone Number

Email

Primary Ambulance Service

Contact Person

Title

Phone Number

Email



CPR and CPR/AED Training

The goal of this requirement is for the community to support training events to raise awareness of CPR and AED. The citizens trained should be participants at events hosted or sponsored by the municipality. Acceptable training events include AHA Hands-Only CPR or AHA Friends and Family CPR.

Community Population	Citizens Trained in CPR, CPR/AED Minimum
Up to 5,000	10
5,001 – 15,000	30
15,001 – 30,000	50
30,001 – 50,000	60
50,001 – 100,000	75
More than 100,000	90

Number of citizens trained in CPR or CPR/AED: _____

Every citizen trained equals one Heartbeat x1

Total Heartbeats: _____

Community AED Placement

The intent of this requirement is for the municipality to identify locations offering Public Access Defibrillation.

Emergency response vehicles, schools, hospitals and healthcare facilities are excluded from this count.

Community Population	AED Sites (Minimum)
Up to 5,000	2
5,001 – 15,000	6
15,001 – 30,000	10
30,001 – 50,000	12
50,001 – 100,000	15
More than 100,000	18

Number of AED sites: _____

Every AED site equals 10 Heartbeats x10

Total Heartbeats: _____

A listing of registered AED sites must be provided with the application.



Additional Required Criteria

Community has a designated first responder for cardiac arrest emergency response.	Heartbeats Earned:	10
All first response-designated vehicles (EMS, fire, and police) have been equipped with AEDs and currently certified CPR and AED personnel.	Heartbeats Earned:	10
Advanced Life Support (EMT-Critical Care or EMT-Paramedic) personnel are dispatched to all potentially cardiovascular emergencies.	Heartbeats Earned:	10
Advanced Life Support (EMT-Critical Care or EMT-Paramedic) units possess 12-Lead ECG capability for patients with suspected acute coronary syndrome.	Heartbeats Earned:	10
EMS has a written protocol for STEMI recognition and direct transport to a percutaneous coronary intervention center.	Heartbeats Earned:	10
Community has an ongoing process to evaluate and improve emergency cardiovascular care within the community. Directions provided within the Evaluation Process section.	Heartbeats Earned:	10

Total Heartbeats From All Sections: _____

Community Data Tracking

HEARTSafe Communities should track data regarding the quality of their cardiac care delivery. This is necessary in order to quantify the results of community efforts as well as to identify areas for continued improvement. Local emergency medical services are required to maintain patient care records and should have the following data readily available. Communities should strive for yearly improvement in these benchmarks of emergency cardiac care. Please list the following cardiac arrest care data for the most recent calendar year.

Number of out-of-hospital cardiac arrests for the past two years:	
Percentage of out-of-hospital cardiac arrests receiving CPR prior to EMS arrival:	%
Percentage of out-of-hospital cardiac arrests receiving AED prior to EMS arrival:	%
Average time, in minutes, from 911 call received (cardiac arrest) to first responder EMS arrival:	



Evaluation Process

The application must include a written description of how the community will continuously evaluate and improve emergency cardiovascular care. The submission must include an explanation how your community will:

- Keep people trained and certified in CPR.
- Expand the availability of AEDs.
- Increase awareness of cardiovascular health promotion.
- Improve EMS system response and performance.

Affirmation of Participation

I affirm our community's commitment to the goals of Southern Tier HEARTSafe Communities.

Signature of Chief Elected Official

Date

Printed Name and Title

Please submit completed applications to:

HEARTSafe@srems.com (preferred)

or by mail to

Susquehanna Regional EMS Council

62 Lusk St.

Johnson City, New York 13790

